

LATEST BEST OF LA

Best OC Facial & Foodie Fix

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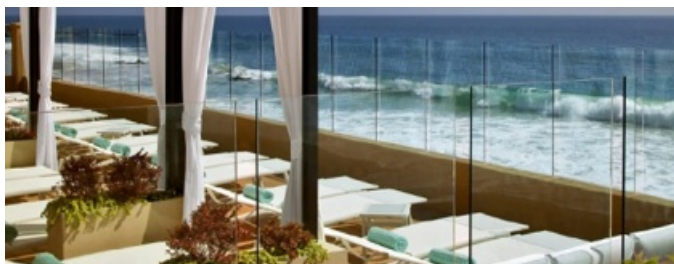
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Debbie Lavdas, Facial, Orange County, Spa, Spa Package, Surf and Sand Resort

Get your Spa-ahh and Foodie fixation in Laguna Beach with Surf & Sand's spa and lunch package.



The chill oceanfront resort has a luxe pairing of a blissful 50-minute signature facial (or massage) at their Aqua Terra Spa followed up by a 3-course lunch at their Splashes Restaurant—just 25 feet from the waves. The indulgent combination makes for a carefree value of \$150 for both.

Like all things Surf & Sand, you can expect your spa treatment to be very relaxing and a blend of ocean and earth elements. And if you're one of those who can't ever decide which facial to get, you can skip that dilemma at the spa, as their facials are all customizable to your skin type. So just book your appointment and they'll decide the best renewal for you based on any signs of dehydration, anti-aging, etc.

The Aqua Terra Spa feels comfortably boutique'ish and the treatment rooms have a bungalow essence to them, which sets the experience apart from more clinical, massage-room spas. Guests will enjoy facial treatments that blend vanilla and ginger oils, gently warmed basalt stones, soothing aromatherapy towels and a facial acupressure point massage. Products include nature-based creams as well as more aggressive lines such as ZO and Prior to stimulate cellular turnover. The spa offers many seasonal accents with their treatments, such as winter Pumpkin Peels and upcoming lush Chocolate Soufflé enhancements to add rich antioxidants for Valentine's Day fun.

How a delicious wellness experience...
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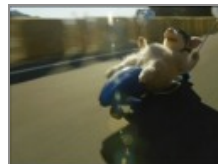
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After your facial, enjoy the relaxation of the spa's outdoor Jacuzzi, eucalyptus steam room and more. Then shower, gather yourself and make your way to Splashes Restaurant for lunch. Their Executive Chef Jeff Armstrong has created a delightful menu of fresh seaside cuisine. The spa lunch package includes an appetizer, entrée and dessert. The Romaine Heart Caesar is a crisp start. Seared Scallops with farro risotto, cucumber, orange and ginger is a favorite there. And Vegetarians may opt for the Parsnip Ravioli with chili bread crumbs and pecorino. Finally, the Crème Brulee with fresh fruit is a sinful way to finish your meal. Guests may dine on the top floor of the restaurant inside by the fireplace, or go upstairs on the patio or head downstairs with the waves only a few feet away. All options offer panoramic, blue Pacific views.



The Surf & Sand "Splunches" Spa + Splashes Package is \$150 Mon-Thu and \$160 Fri-Sun. The beachy pairing makes for a killer oceanfront way to kill a day with a girlfriend or guys can go with a brah after surfing for a massage, lunch and a beer. To book, call (949) 376-2772.

Surf & Sand Resort

1555 South Coast Highway
Laguna Beach, CA 92651
(949) 497-4477
www.surfandsandresort.com



More info about coastal Orange County experiences [can be found here](#).

Debbie Lavdas, a Southern California freelance writer, is a sucker for all things spa and resort. You can keep up with her and her many writings at [Debbie in the OC](#).

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