

PELICAN HILL®

ON THE COAST *of* NEWPORT BEACH

ADVENTURES ON THE WATER

SUMMER COCKTAILS

FOREVER PRESERVED



DIAMOND *in* the ROUGH

By *Debbie Lavdas*

AS A SPA ENTHUSIAST, I've experienced a range of unusual treatments, from free-floating massage wraps to Reiki rain therapy to cayenne pepper facials. But as I watched the nail-care expert prepare for my recent mani-pedi at The Spa at Pelican Hill® by pulling on three sets of gloves—one on top of the other—I felt a slight wave of apprehension.

As I tried to relax, she then removed her jewelry, even her earrings, and pointedly said, “It’s a mistake you only make once.” Next she pulled out two pristine boxes and placed them several inches apart. I inquired about the puzzling jewelry removal and the mystery boxes, but only got an elusive, “You’ll see.”

Finally, she slathered my hands and arms with a silver magnetic mud which she described as shimmering diamond dust, then opened the boxes and slipped a large magnet from each box deep inside her gloves. As she hovered her hands over my arms, the mud mask slowly, almost magically, lifted toward the gloves,

apparently drawn by the powerful magnets inside. It made a static sound, like candy Pop Rocks crackling, and I felt a slight tingling.

This new Mineral Magnotherapy treatment was a bit of a strange science for me, and like nothing I expected in the tranquil, pampered oasis of the Five-Star Spa at Pelican Hill®. But when I felt my freshly manicured, satin-smooth skin, I wanted to know more about how it worked.

“It’s the metal in the mud—a mix of ground iron and diamond dust—that is attracted to the magnet in my glove,” explained nail technician Jacqueline Fujimoto. During my treatment, she had peeled off her pairs of gloves as they became saturated and penetrated by the lifted dust.

After my treatment, Robin Dunivin, Director of the Spa, explained that the new Diamond Manicure and Pedicure is an extension of the popular Natura Bissē Diamond Experiences offered at The Spa at Pelican Hill®. The Diamond Manicure and Pedicure incorporates a lavender-infused soak and diamond dust mud exfoliation that is magnetically removed to lift impurities, energize and firm the skin.

The treatment is paired with a revitalizing massage, cuticle care, a nail buff and the nail lacquer of your choice.

“The Natura Bissē Diamond product line is considered the Rolls Royce of treatments, being both indulgent, as well as offering highly effective results,” Dunivin said.

The Natura Bissē’s Diamond Experience facial is an ongoing favorite treatment on the Spa menu, using an energy-producing cocktail formulated with more than 30 active ingredients, including ATP and marine-originating DNA. The red-carpet-ready facial involves a rare three-step peel, a mixture that feels like champagne bubbles dancing on the skin and a botanical nectar serum that hydrates. The facial is so powerful that no extractions are needed (Who doesn’t love that?) and the aestheticians use a special lifting massage technique for anti-aging results. ✨

For the ultimate Diamond experience, the Spa offers the Diamond Indulgence Package (Diamond Magnetic Ritual, facial and mani-pedi). For more information, please call 877.624.6035.

